

INDIVIDUAL CASE STUDY (CASE CODE: 17)

Physician and specialist COMMITTEE

PARTICIPANT GUIDELINES

- Event will be presented to you through your reading of CURIS Skills, CURIS Knowledge and Case Details
- Each case study must be completed individually and should take approximately 1 hour
- You should take approximately 10 minutes to review this information and 20 mins to conduct external research to help prepare your response
- You should then take approximately 20 minutes to write your response and allot 10 minutes to edit your response and submit your work
- Please also include a citations page to indicate which external sources were used
- All submissions will be made through the CurisConnect website: <https://curisconnect.vercel.app/>
- You will be evaluated on how well you demonstrate the CURIS Skills and meet the CURIS Knowledge criteria. The last page in your case study package consists of an Evaluation Form whereby the evaluator will allot points for the completion of the case study.
- The points allotted will be based on the depth and detail of your explanation in your response since there are no defined right or wrong answers, but rather we want to see your thinking, research, knowledge and understanding on the situation at hand.
- The amount of points earned will correspond to the amount of volunteer minutes or hours you will earn. The threshold and range for this grading scheme can also be found at the bottom of the Evaluation Form.
- Participants who successfully complete the case study will receive a Certificate of Participation

CURIS SKILLS

- Critical Thinking – Reason effectively and use systems thinking.
- Communication – Communicate clearly.
- Creativity and Innovation – Show evidence of creativity.
- Healthcare Oriented Mindset - Utilizes proper terminology and demonstrates foundational educational understanding in discipline.

CURIS KNOWLEDGE

- Understand surgical procedures' principles and techniques.
- Discuss the benefits and risks of elective vs. emergency surgeries.
- Evaluate patient factors influencing surgical outcomes and recovery.
- Analyze the impact of technology and innovation on surgical practices.

CASE DETAILS

As a highly regarded family medicine physician at Toronto General Hospital, renowned for its comprehensive healthcare services, your role involves providing holistic and patient-centered care to individuals and families in the community.

Toronto General Hospital, part of the University Health Network, is committed to delivering high-quality medical care with a focus on preventive medicine, chronic disease management, and promoting overall well-being. Your patient, a middle-aged individual with a complex medical history, seeks your expertise in managing their health concerns.

They are experiencing anxiety about their health condition and are looking for guidance on managing their symptoms and improving their quality of life. Your approach involves discussing the patient's medical history, current symptoms, and concerns to develop a personalized care plan. This plan will address their immediate health needs while also focusing on preventive measures to enhance their overall health and well-being.

Please also address the following questions in your response:

- 1- **Initial Assessment and Diagnosis:** Describe how you will conduct an initial assessment of the patient's medical history, current symptoms, and any diagnostic tests or screenings required to establish a diagnosis.
- 2- **Treatment Plan:** Outline the treatment plan tailored to the patient's specific health condition, including medication management, lifestyle modifications, and referrals to specialists if necessary.
- 3- **Patient Education:** Discuss the importance of patient education in empowering the patient to take control of their health, including providing information on their condition, treatment options, and self-care strategies.
- 4- **Follow-up Care:** Explain the importance of follow-up appointments to monitor the patient's progress, adjust the treatment plan as needed, and address any new concerns or symptoms that may arise.
- 5- **Long-term Management:** Discuss the long-term management plan for the patient's condition, including strategies for preventing complications, managing chronic diseases, and promoting overall wellness.

EVALUATION FORM

PARTICIPANT: _____

EVALUATOR: _____

Did the participant:		Below expectations	Meets expectations	Exceeds expectations	Judged score
CURIS KNOWLEDGE					
1	Explain the principles of orthodontic treatment.	2	4	6	
2	Describe pros and cons of different orthodontic appliances.	2	4	6	
3	Identify factors affecting patient decisions on treatment options.	2	4	6	
CURIS SKILLS					
4	Critical Thinking & Problem-Solving	1	2	3	
5	Communication, Terminology & Professionalism	1	2	3	
6	Creativity & Innovation	1	2	3	
7	Healthcare Oriented Mindset	1	2	3	
TOTAL SCORE					

Total Score	Volunteer Minutes
25-30 points	1 hour
20-24 points	45 mins
15-19 points	30 mins
10-14 points	15 mins