

INDIVIDUAL CASE STUDY (CASE CODE: 2)

PHYSICIAN AND SPECIALIST COMMITTEE

PARTICIPANT GUIDELINES

- Event will be presented to you through your reading of CURIS Skills, CURIS Knowledge and Case Details
- Each case study must be completed individually and should take approximately 1 hour
- You should take approximately 10 minutes to review this information and 20 mins to conduct external research to help prepare your response
- You should then take approximately 20 minutes to write your response and allot 10 minutes to edit your response and submit your work
- Please also include a citations page to indicate which external sources were used
- All submissions will be made through the CurisConnect website
- You will be evaluated on how well you demonstrate the CURIS Skills and meet the CURIS Knowledge criteria. The last page in your case study package consists of an Evaluation Form whereby the evaluator will allot points for the completion of the case study.
- The points allotted will be based on the depth and detail of your explanation in your response since there are no defined right or wrong answers, but rather we want to see your thinking, research, knowledge and understanding on the situation at hand.
- The amount of points earned will correspond to the amount of volunteer minutes or hours you will earn. The threshold and range for this grading scheme can also be found at the bottom of the Evaluation Form.
- Participants who successfully complete the case study will receive a Certificate of Participation

CURIS SKILLS

- Critical Thinking – Reason effectively and use systems thinking.
- Communication – Communicate clearly.
- Creativity and Innovation – Show evidence of creativity.
- Healthcare Oriented Mindset - Utilizes proper terminology and demonstrates foundational educational understanding in discipline.

CURIS KNOWLEDGE

- Understand the principles of treating contact dermatitis, considering both short-term symptom relief and long-term management.
- Demonstrate knowledge of skincare product ingredients and their potential impact on individuals with a history of contact dermatitis.
- Demonstrate an understanding of environmental factors, such as occupational exposures, and their influence on dermatological health for future preventative measures.

CASE DETAILS

You are to assume the role of a dermatologist working at DermatologyCare. The company stands as a pioneering dermatology practice dedicated to delivering state-of-the-art skincare solutions. Established in 2001, the clinic is well-known for offering cutting-edge medical expertise combined with a patient-centered approach, ensuring optimal skin health and well-being.

A few days ago, your patient, Mrs. Amelia Turner, a 43-year-old female came to you for an examination of a skin condition manifesting as redness, itching, and occasional swelling on her hands and face. The symptoms have been persistent for the past six months, coinciding with her recent employment at a gardening center. Mrs. Turner has a family history of allergies, particularly to certain plants and chemicals. Examination reveals erythematous patches with vesicles on Mrs. Turner's hands and face, consistent with contact dermatitis.

Her family history and occupational exposure at the gardening center are significant factors. Mrs. Turner is seeking guidance on managing and alleviating her symptoms.

She has already been informed about her diagnosis and is not taking any medications. The challenge for participants is to formulate an effective treatment plan that addresses Mrs. Turner's unique circumstances.

The goal is for participants to utilize their healthcare-oriented mindset to propose a comprehensive and innovative treatment plan tailored to Mrs. Turner's specific needs. Participants are tasked with leveraging their critical thinking, communication, creativity, and innovation skills to propose a tailored treatment plan for Mrs. Turner.

CHALLENGE: Devise an innovative and patient-centric treatment plan for Mrs. Turner's contact dermatitis, considering her occupation, family history, and the products used. Focus on both short-term relief and long-term management.

Please also address the following questions in your response:

1. Suggest alternative skincare products that are suitable for individuals with a predisposition to allergies, keeping in mind Mrs. Turner's sensitivity.
2. Propose preventive measures or lifestyle modifications Mrs. Turner can adopt to minimize the risk of future contact dermatitis flare-ups.

EVALUATION FORM

PARTICIPANT: _____

EVALUATOR: _____

Did the participant:		Below expectations	Meets expectations	Exceeds expectations	Judged score
CURIS KNOWLEDGE					
1	Demonstrates the principles of treating contact dermatitis, considering both short-term symptom relief and long-term management.	2	4	6	
2	Demonstrate knowledge of skincare product ingredients and their potential impact on individuals with a history of contact dermatitis.	2	4	6	
3	Demonstrate an understanding of environmental factors, such as occupational exposures, and their influence on dermatological health for future preventative measures.	2	4	6	
CURIS SKILLS					
4	Critical Thinking & Problem-Solving	1	2	3	
5	Communication, Terminology & Professionalism	1	2	3	
6	Creativity & Innovation	1	2	3	
7	Healthcare Oriented Mindset	1	2	3	
TOTAL SCORE					

Total Score	Volunteer Minutes
25-30 points	1 hour
20-24 points	45 mins
15-19 points	30 mins
10-14 points	15 mins